

Central Valley Health District

EXPOSURE LETTER

ATTENTION: An infectious disease has been identified at the school, and your student may have been exposed. If your student develops symptoms, please follow the North Dakota Department of Health and Human Services (NDHHS) recommendations below for a safe return to school.

DISEASE	SCHOOL EXCLUSION	RETURN
Tuberculosis (TB)	Yes, children and staff with TB disease should be excluded until cleared to return by a medical provider. Children and staff with latent TB infection can participate in all activities whether they are receiving treatment or not.	After sputum cultures are negative (about two to four weeks after the beginning of treatment) and cleared to return by a medical provider.

This disease is a reportable condition. As mandated by North Dakota law, any incidence of this disease in humans shall be reported. Please call the HHS Division of Disease Control at 800-472-2180.

General Exclusion Criteria

Regardless of the disease, students should be excluded from school if they meet any of the following exclusion criteria:

- 1. Staff determines the child is unwilling or unable to participate in activities due to illness.
- 2. Staff determine that they cannot care for the sick child without compromising their ability to care for the health and safety of the other children in the group.
- 3. The child has an illness suggested by a fever (temperature at or above 101.0°F any location) along with difficulty breathing, changes in behavior, lethargy, irritability, persistent crying, or progressive rash fever.
- 4. The child experiences vomiting two or more times in the preceding 24 hours, unless determined to be caused by a non-communicable condition and the child can remain hydrated and participate in activities.
- 5. The individual has diarrhea and cannot self-contain stool.

To view the NDHHS Child Care and School Infectious Disease Exclusion Guidance, visit: https://www.hhs.nd.gov/immunizations/schools-and-child-care



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