



Central Valley Health District

EXPOSURE LETTER

ATTENTION: An infectious disease has been identified at the school, and your student may have been exposed. If your student develops symptoms, please follow the North Dakota Department of Health and Human Services (NDHHS) recommendations below for a safe return to school.

DISEASE	SCHOOL EXCLUSION	RETURN
Rubella	<p>Yes.</p> <p>Exposed persons: Vaccinated people who are not showing symptoms need not be excluded.</p> <p>Unvaccinated people who have been exempted from MMR immunization for medical, religious, moral or philosophical reasons must be immunized within 72 hours of exposure.</p>	<p>Children and staff should be excluded for seven days after rash onset.</p> <p>If unvaccinated people are not vaccinated within 72 hours, they should be excluded from all activities until the HHS determines it is safe for them to return.</p>
This disease is a reportable condition. As mandated by North Dakota law, any incidence of this disease in humans shall be reported. Please call the HHS Division of Disease Control at 800-472-2180.		

General Exclusion Criteria

Regardless of the disease, students should be excluded from school if they meet any of the following exclusion criteria:

1. Staff determines the child is unwilling or unable to participate in activities due to illness.
2. Staff determine that they cannot care for the sick child without compromising their ability to care for the health and safety of the other children in the group.
3. The child has an illness suggested by a fever (temperature at or above 101.0°F any location) along with difficulty breathing, changes in behavior, lethargy, irritability, persistent crying, or progressive rash fever.
4. The child experiences vomiting two or more times in the preceding 24 hours, unless determined to be caused by a non-communicable condition and the child can remain hydrated and participate in activities.
5. The individual has diarrhea and cannot self-contain stool.

To view the NDHHS Child Care and School Infectious Disease Exclusion Guidance, visit:

<https://www.hhs.nd.gov/immunizations/schools-and-child-care>



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