

## Boys pretest

For each of the statements below, select the best answer from the choices given.

1. For most boys, puberty begins between the ages of 10 and 17.

True / False

2. All boys start shaving during puberty.

True / False

3. Mood swings are often a part of puberty.

True / False



4. To help smell fresh, shower and apply deodorant once a week.

True / False

5. During puberty, your voice may “crack” because your vocal cords are growing.

True / False

6. Wet dreams are abnormal.

True / False

7. Changes that happen during puberty usually happen at once.

True / False

8. Puberty involves physical and emotional changes.

True / False

9. For most boys, during puberty:

- a. voice deepens
- b. body grows taller and more muscular
- c. hair grows under arms, on the face and in the pubic area
- d. penis and testicles grow larger
- e. all of the above

10. One body change that happens to you during puberty is:

- a. you sweat less
- b. you sweat more
- c. your body naturally smells better
- d. you eat less
- e. all of the above

## Boys posttest

For each of the statements below, select the best answer from the choices given.

- 1. During puberty, some boys may have emotional ups and downs.**  
**True / False**
- 2. All boys start shaving during puberty.**  
**True / False**
- 3. Wet dreams are abnormal.**  
**True / False**
- 4. During puberty, your voice may “crack” when you are talking.**  
**This is because your vocal cords are growing.**  
**True / False**
- 5. Physical changes in boys occur as a result of estrogen.**  
**True / False**
- 6. Showering daily and using a deodorant are the only ways to fight body odor and wetness.**  
**True / False**
- 7. Testosterone is:**
  - a. a sweat gland**
  - b. an emotional reaction to puberty**
  - c. the primary female hormone**
  - d. the primary male hormone**
- 8. A growth spurt means you may grow several inches at once and that is normal.**  
**True / False**
- 9. Semen is a fluid that contains sperm.**  
**True / False**
- 10. Sperm are made in the:**
  - a. pituitary glands**
  - b. penis**
  - c. scrotum**
  - d. testicles**

