



Public Health
Prevent. Promote. Protect.

NAME: _____ DATE _____

INSTRUCTOR: _____ LOCATION: _____

"EPI-PEN" POST INSTRUCTION TEST

For each question, circle the letter that best answers the question.

1. **The active ingredient in the "Epi-Pen" is:**
 - A. Sodium bicarbonate
 - B. Glucose
 - C. Epinephrine

2. **The "Epi-Pen" is used for a/an:**
 - A. Diabetic reaction
 - B. Severe allergic reaction
 - C. Mild to moderate hive

3. **The "Epi-Pen should be used if the student is having:**
 - A. Swelling of the face, tongue, and/or lips
 - B. Tightness of the throat and chest
 - C. Breathing difficulty, wheezing or both; and/or bluish color to the skin
 - D. All of the above

4. **An "Epi-Pen must be given in the:**
 - A. Arm
 - B. Stomach
 - C. Thigh
 - D. Buttocks

5. **The "Epi-Pen can be used through clothing such as jeans:**
 - A. Yes
 - B. No
 - C. Neither

6. **If a student is having a severe allergic reaction:**
 - A. Allow the student to administer the "Epi-Pen" to (him/her) self if able
 - B. Only an adult can administer the student
 - C. Administer by an adult if the student is unable to do so
 - D. A & C

7. **911 should be called when:**
 - A. The signs and symptoms occur
 - B. The signs and symptoms worsen
 - C. At the first sign of the allergic reaction

8. **The "Epi-Pen" should only be administered if the solution is:**
 - A. Brown
 - B. Green
 - C. Clear

OVER

- 9. The gray cap is a safety cap and needs to be removed before the plunger will activate:**
- A. Yes
 - B. No
 - C. The safety cap is black
- 10. Instructions for proper administration are on the plunger:**
- A. Yes
 - B. No
- 11. After the needle has been activated, the “Epi-Pen should be held in place at the site of injection For how long:**
- A. 10 seconds**
 - B. 20 seconds**
 - C. 30 seconds**
- 12. What action should then follow (question #11) after the injection and held in place:**
- A. Massage the area for 10 seconds
 - B. Raise the site of injection above the heart
 - C. Leave the student alone to cry
- 13. You accidentally inject your hand with the “Epi-Pen” , you need to :**
- A. Say “OOPS”
 - B. Get transported to the emergency room for treatment
- 14. The solution in the “Epi-Pen is:**
- A. Light sensitive
 - B. Temperature sensitive
 - C. Both light and temperature sensitive
- 15. The “ Epi-Pen” must be stored:**
- A. In the refrigerator
 - B. At room temperature
 - C. In the freezer
- 16. The “Epi-Pen” should be sent to the emergency room with the ambulance personnel:**
- A. Yes
 - B. No
 - C. Only if the ambulance personnel ask
- 17. How many doses are in each “Epi-Pen”:**
- A. One(1)
 - B. Two(2)
 - C. One or two (1 or 2)

_____ has successfully demonstrated the proper technique of the “Epi-Pen” administration and was also provided instruction according to the “Use of the ‘Epi-Pen’ for Severe Allergic Reaction” procedure handout provided the handout, all questions were answered and received 100% accuracy on the post-test on _____. In-service was provided by _____