



Checklist

Guidelines for treating Head Lice

Name: _____ Date: _____

TREATMENT	YES	NO	COMMENTS
Determine that nits or live lice are present on the head.			
Hair must be clean so the lice killing treatment will work			Prepare hair according to product instructions. Some products are used on dry hair; others are used on wet hair.
READ AND FOLLOW MANUFACTURERS INSTRUCTIONS BEFORE USE OF LICE TREATMENT			Products are available over the counter and by prescription. Read instructions thoroughly prior to use.
Apply a lice killing shampoo. Treat only household members that have lice/nits.			*** Call your doctor if any child under 1 year old requires treatment *** Call your doctor before treating if you have asthma, are pregnant, breast feeding, or have allergies to ragweed or chrysanthemums.
FOLLOW THE PRODUCT INSTRUCTIONS CAREFULLY AND LEAVE THE PRODUCT IN THE HAIR AS DIRECTED.			*** Ensure that product is left in the hair the entire time that manufacturer instructions have directed. Massage into hair to ensure all the hair is covered. Use the entire contents of the bottle, or as instructions indicate. Longer hair may require more than one bottle of product for adequate treatment. Use of a shower cap may be beneficial in the treatment process. Place shampoo in hair, put on shower cap, massage product into hair while shower cap is on head.
Once the treatment is complete the child may return to school.			*** Child may return to school once treatment is completed as long as no signs of live lice are present.
Re-treat the hair as directed in the product instructions.			Each product varies in the time for re-treatment. Follow the product directions.
Check the hair frequently for nits. Be Patient-removing nits takes time All nits should be removed from the hair.			The "No Nit" policy is no longer required to return to school but if nits are not removed, it may be assumed that there is a "fresh" case of head lice. Grasp the nit between your thumb and index finger and slide them off the hair shaft.
When checking the hair, divide the hair into sections and examine one section at a time.			As you complete each section, clip the checked section up so you know that you have already checked it.
Use only regular shampoo for the next 10 days when washing treated hair.			Follow the manufacturer's directions in regard to using conditioners, styling products and other shampoos.