

SECTION: NURSING SERVICES

POLICY #: 432 URINALYSIS SCREENING

POLICY: Central Valley Health District provides urinalysis screening.

PROCEDURE:

1. Evaluate client for signs and symptoms of Urinary Tract Infection i.e. burning with urination, blood in urine, flank pain, strong odor to urine.
2. Explain procedure to client stressing the following:
 - a. The best urine specimen is the first voided urine in the morning
 - b. Obtain relatively uncontaminated urine by making sure the periurethral area is clean, cleansing with cloth to wipe (use front to back method).
 - c. A good specimen means a clean catch midstream sample collected in a clean container.
3. Gloving procedures will be followed according to infectious disease policy.
4. The urine should be examined immediately after it is obtained or refrigerated until screening test can be performed.
5. Observe urine for color, appearance and odor.
6. Chemstrip 10 will be the preferred testing tool.
7. Chemstrip stick will be dipped in urine and read according to color chart meeting manufacturer's guidelines.
8. Record results in client chart.
9. Any positive results will be referred for a physician's evaluation.